

# CENTRAL TABLE

EATERY

EST. 2022

# HOURS

6AM - 8:30PM

February 19-25

## SOUP

11a - 8:30p | 2a - 4a

### WEEKLY

AMISH STYLE CHICKEN CORN

### MONDAY

TOMATO BASIL  
THAI COCONUT CURRY  
PORK POSOLE ROJO

### TUESDAY

BLACK BEAN  
STUFFED PEPPER  
ROASTED VEG & WILD RICE

### WEDNESDAY

CREAM OF BROCCOLI  
WHITE BEAN  
VEGETARIAN VEGETABLE

### THURSDAY

TURKEY CHILI  
PUREED ONION & MUSHROOM  
FLORENTINE MINISTRONE

### FRIDAY

BAKED POTATO  
SEAFOOD BISQUE  
BEEF BARLEY

### SATURDAY

POTATO

### SUNDAY

CREAM OF BROCCOLI  
HEARTY CHICKEN NOODLE

## CRAFT BEVERAGE + BAKERY

6a - 8p

### ALL DAY BREAKFAST

GETTIN' FIGGY WITH IT  
TURKEY CLUB  
SWEET HEAT CHICKEN BANH MI  
ULTIMATE BLT  
CUBAN FLAT BREAD FOLD  
HARVEST CHICKEN SALAD BAGEL

## CREATE

6a - 10a | 4p - 8:30p  
11a - 2p | 2a - 4a

### SMOKEHOUSE

MON

BBQ Kielbasa / SOUTHWEST BRAISED BEEF / BBQ  
JACKFRUIT / CAULIFLOWER MAC & CHEESE /  
SPICY COLLARDS W/ BACON / BAKED BEANS /  
SMOKED GOUDA CHIPOTLE CHEESE GRITS /  
FIRECRACKER SALAD

### KAZAN

TU

GENERAL TSOS CHICKEN / CHAR SIU PORK /  
EDAMAME FRIED RICE / CANTONESE STIR FRY /  
EDAMAME POT STICKERS / JASMINE RICE /  
SESAME BLISTERED SHISHITO PEPPERS

### OKRA

WED / THUR

COCA-COLA SHORT RIBS / BRATWURST IN  
SAURKRAUT / GERMAN BRAISED RED CABBAGE /  
PARSLEY SMASHED RED POTATOES

### CALLALOO

FRI / SAT

ISLAND CURRY CHICKEN / MANGO COCONUT  
RICE / BLACKED TILAPIA / RED BEANS & RICE /  
FRIED PLANTAINS / BRAISED SWEET POTATOES /  
TROPICAL FRUIT SALAD / RADISH JICAMA  
CUCUMBER SALAD

### NICE THAI

SUN

CHICKEN PAD THAI / THAI COCONUT  
POLLOCK / VEGETABLE SPRING ROLL / GINGER  
& LEMONGRASS JASMINE RICE / THAI RED  
CURRY STEW / TOFU PAD THAI / SHRIMP &  
GREEN APPLE SALAD

## HEARTH & CO

11a - 8:30p

### PIZZA SPECIAL

LEMON, BOCCOLINI & RICOTTA PIZZA

### PASTA BAKE SPECIAL

ENGLISH SWEET PEA & PROSCIUTTO RISOTTO  
W/ GULF SHRIMP & SPRING ONIONS

### FEATURED PIZZA

CAPRESE  
ROASTED MUSHROOM  
QUATTRO FORMAGGI  
ITLAIAN MEAT & FENNEL  
PEPPERONI

CAPRESE  
ROASTED MUSHROOM  
QUATTRO FORMAGGI





## GOOD GRAIN DELI

M-F / 11a - 7p

### CALI CHICKEN

CHICKEN / SAFFRON CITRUS AIOLI / MOZZARELLA / AVOCADO / ROASTED RED PEPPER / ARUGULA / HUMMUS

### TURKEY RACHEL

ROASTED TURKEY / SWISS / SLAW / RUSSIAN / RUSTIC RYE

### VEGGIE BOMB

FIRE ROASTED EGGPLANT / CUCUMBER / TOMATO / ROASTED FENNEL & ONION / PROVOLONE / ARUGULA / CHIPOTLE MAYO

### CAPRESE

FRESH MOZZARELLA / TOMATOES / ROASTED FENNEL & ONION / ROASTED RED PEPPERS / BASIL / PESTO

### THE GODFATHER

HAM / SALAMI / PROSCIUTTO / PROVOLONE / LETTUCE / TOMATO / ONION / BANANA PEPPERS / OIL & VIN / PEPPER / OREGANO

### FRENCH DIP

ITALIAN ROAST BEEF / GRUYERE / SWISS / ROASTED FENNEL & ONION / BROCCOLI RABE / ROASTED GARLIC AIOLI / AU JUS

### SPECIAL CHICKEN PARMESEAN

BREADED CHICKEN / PROSCIUTTO / ROASTED RED PEPPERS / SPICY TOMATO JAM / MOZZARELLA / ARUGULA / BASIL / BLACK PEPPER

## FOOD WORKS

M-F  
11a - 2p

## UMAMI

M-F / 11a - 2p

**CRAB RANGOON RICE BOWL** KARAAGE CHICKEN / BOOM BOOM SHRIMP

## EARTH BOWL

M-F / 11a - 2p

### GREEK TAPAS BOWL

BFRESH GREEK PLATTER W/ FREEKEKEH / MARINATED CUCUMBERS / OLIVES / MALLOUMI CHEESE / GRAPE LEAVES BABA GHANOUSH / HARISSA CARROT HUMMUS / LEMON VINAIGRETTE / PITA

### CRUNCHY FALAFEL & FARRO BOWL

WARM FARRO / BABY KALE BLEND / ROASTED RED PEPPERS / KIM CHI / FETA / KALAMATA OLIVES / BABA GHANOUSH / TZATZIKI

### HARRISSA ROAST CARROT GRAIN BOWL

ROASTED GARLIC HUMMUS / HERB QUINOA TABBOULEH / ROASTED HARRISSA CARROTS / AVOCADO / KALE BLEND / ARUGULA / LIME YOGURT SAUCE / FRESH HERBS

### KALE CAESAR W/ HARRISA CARROTS & TAHINI

FKALE BLEND / ROASTED MOROCCAN CHICKPEAS / HARRISSA CARROTS / GRANA PADANA CHEESE / AVOCADO / CREAMY TAHINI CAESAR

### SWEET & SPICY BRUSSEL SPROUT SALAD

KALE BLEND / PICKLED CARROT & DAIKON SLAW / SWEET & SPICY BRUSSELS SPROUTS / EDAMAME / GREEN ONIONS / FRESH HERBS / LIME / SOY SESAME VINAIGRETTE

### PHO REAL BROTH BOWL

BEEF PHO BROTH / GREEN ONION / TOASTED MUSHROOMS / RAMEN EGG / FRESH HERBS / LIME / JALAPENOS / PICKLED VEGETABLES

## HARVEST GRILL

6:30a - 9:30a  
11a - 8p

### SPECIAL

NOT A CHI DOG  
ROASTED POTATO SALAD

\$9.50

### FEATURED ITEMS

SALMON ALT  
SHIITAKE & BEET BURGER  
CALIFORNIA BEYOND BURGER  
CHICKEN AVOCADO RANCH CLUB  
THE LANCO CLASSIC W/ CARM ONION  
PORTOBELLO & BEEF SMASH BURGER



MORRISONFOODIES\_LGH



WEEK 1